Shooting procedure in Shinsa (5-Person group)

All Nippon Kyudo Federation

| | Ichiban | Niban | Sanban | Yonban | Goban |
|-----------------------|--|--|--|--|--|
| H A Y A | Start shooting right away. | Stand up when Ichiban finishes Dōzukuri. Start Torikake at Ichiban's Tsurune and proceed with the shooting. | Stand up at Ichiban's Tsurune. Start Torikake at Niban's Tsurune and proceed with the shooting. | Stand up at Niban's Tsurune. Start Torikake at Sanban's Tsurune and proceed with the shooting. | Stand up at Sanban's Tsurune. Start Torikake at Yonban's Tsurune and proceed with the shooting. |
| O T O Y A | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up at Goban's Tsurune and start the shooting right away. | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up when Ichiban finishes Dōzukuri. Start Torikake at Ichiban's Tsurune and proceed with the shooting. | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up at Ichiban's Tsurune. Start Torikake at Niban's Tsurune and proceed with the shooting. | Stand the Yumi at Goban's Tsurune, nock Otoya and wait. Stand up at Niban's Tsurune. Start Torikake at Sanban's Tsurune and proceed with the shooting. | Once Haya shot, stand the Yumi immediately, nock Otoya and wait. Stand up at Sanban's Tsurune. Start Torikake at Yonban's Tsurune and proceed with the shooting. |

(Effective as of July 1, 1994)

Notes: 1) When entering or exiting the Shajō, make sure to focus your attention on the Kamiza before doing Rei (or Yū).

- 2) Proceed to Honza, sit down in Kiza, perform Yū all together and move to Shai.
- 3) Sit down in Kiza on Shai, turn into the Waki-Shōmen, stand the bow, carry out Yatsugae and wait.
- 4) After shooting Otoya, each archer leaves the Shajō.
- 5) The archers of the next Tachi enter at the Tsurune of Sanban's Otoya, proceed to Honza, sit down in Kiza, perform Yū at Goban's Tsurune and move forward to Shai when the last archer steps back.
- 6) The movements before and after the shooting must not be overlong and impede the progress of the Shinsa.

Shooting procedure in Shinsa (Wearing Kimono, 5-Person group)

All Nippon Kyudo Federation

| | Ichiban | Niban | Sanban | Yonban | Goban |
|-----------------------|--|--|--|--|--|
| H A Y A | Start shooting right away. | Stand up when Ichiban finishes Dōzukuri. Start Torikake at Ichiban's Tsurune and proceed with the shooting. | Stand up at Ichiban's Tsurune. Start Torikake at Niban's Tsurune and proceed with the shooting. | Stand up at Niban's Tsurune. Start Torikake at Sanban's Tsurune and proceed with the shooting. | Stand up at Sanban's Tsurune. Start Torikake at Yonban's Tsurune and proceed with the shooting. |
| O T O Y A | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up at Goban's Tsurune and start the shooting right away. | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up when Ichiban finishes Dōzukuri. Start Torikake at Ichiban's Tsurune and proceed with the shooting. | Stand the Yumi at Yonban's Tsurune, nock Otoya and wait. Stand up at Ichiban's Tsurune. Start Torikake at Niban's Tsurune and proceed with the shooting. | Stand the Yumi at Goban's Tsurune, nock Otoya and wait. Stand up at Niban's Tsurune. Start Torikake at Sanban's Tsurune and proceed with the shooting. | Once Haya shot, stand the Yumi immediately, nock Otoya and wait. Stand up at Sanban's Tsurune. Start Torikake at Yonban's Tsurune and proceed with the shooting. |

(Effective as of July 1, 1994)

Notes: 1) When entering or exiting the Shajō, make sure to focus your attention on the Kamiza before doing Rei (or Yū).

- 2) Proceed to Honza, sit down in Kiza, perform Yū all together and turn into the Waki-Shōmen. Men perform Hadanugi and women Tasuki-Sabaki. Turn to face the Mato-Shōmen and move forward to Shai.
- 3) Sit down in Kiza on Shai, turn into the Waki-Shōmen, stand the bow, carry out Yatsugae and wait.
- 4) After shooting Otoya, each archer leaves the Shajō.
- 5) The archers of the next Tachi enter at the Tsurune of Goban's Haya, and proceed as described in 2). Stand up at Goban's Trurune and move forward to Shai when the last archer steps back.
- 6) The movements before and after the shooting must not be overlong and impede the progress of the Shinsa.